
Psychotherapy and Psychotherapeutic Approach Entries

acceptance and commitment therapy
action-oriented therapy
active analytic psychotherapy
active therapy
activity-group therapy
activity-interview group psychotherapy
adaptational approach
adjunctive therapy
adjuvant therapy
affirmative therapy
ahistoric therapy
analytical psychotherapy
analytic group psychotherapy
anamnestic analysis
anger control therapy
animal-assisted therapy
art therapy
assignment therapy
atropine-coma therapy (ACT)
attitude therapy
attribution therapy
aversion therapy
Beck therapy
behavioral couples therapy
behavioral family therapy
behavioral group therapy
behavioral relaxation training
behavioral sex therapy
behavioral weight control therapies
behavior modification
behavior therapy
bereavement therapy
bibliotherapy
biological therapy
brain-wave therapy
brief group therapy
brief intensive group cognitive behavior therapy
brief psychodynamic psychotherapy
brief stimulus therapy (BST)
carbon dioxide therapy
cerebral electrotherapy (CET)
child analysis
child psychotherapy
chronotherapy
client-centered therapy
cognitive-analytic therapy
cognitive behavioral couples therapy
cognitive behavioral group therapy
cognitive behavior therapy (CBT)
cognitive processing therapy (CPT)
cognitive therapy (CT)
collaborative therapy
coma therapy
combination therapy
combined therapy
computerized therapy
concurrent therapy
configurational analysis
conjoint therapy
constructivist psychotherapy
contact desensitization
convulsive therapy
coping-skills training
core conflictual relationship theme
correspondence training
cortical undercutting
cotherapy
couples therapy
covert desensitization
covert sensitization
creative arts therapy
dance therapy
Dauerschlaf
depth-oriented brief therapy
depth therapy
developmental therapy
dialectical behavior therapy
didactic group therapy
directive group psychotherapy
directive play therapy
directive therapy
distance therapy
drama therapy
dynamic psychotherapy
eclectic psychotherapy
ecosystemic approach
educational therapy
ego analysis
electroconvulsive therapy (ECT)
electronarcosis
electrosleep therapy
electrotherapy
emergency psychotherapy
emetic therapy
emotional reeducation
emotion-focused couples therapy
emotion-focused therapy
environmental therapy
Ericksonian psychotherapy
e-therapy
ethnotherapy
evocative therapy
exercise therapy
existential analysis

- existential-humanistic therapy
 existential psychotherapy
 experiential psychotherapy
 exposure therapy
 expressive therapy
 extended-family therapy
 eye-movement desensitization and reprocessing
 (EMDR)
 family group psychotherapy
 family therapy
 feminist family therapy
 feminist therapy
 focal psychotherapy
 frontal lobotomy
 functional family therapy
 geriatric psychotherapy
 gestalt therapy
 group-analytic psychotherapy
 group psychotherapy
 half-show
 holistic education
 horticultural therapy
 humanistic therapy
 hydrotherapy
 hypnotherapy
 imaginal exposure
 imago therapy
 implosive therapy
 indirect method of therapy
 individual therapy
 insight therapy
 instigation therapy
 integrative behavioral couples therapy
 integrative psychotherapy
 integrity group psychotherapy
 intensive psychotherapy
 interpersonal group psychotherapy
 interpersonal psychotherapy (IPT)
 interpersonal reconstructive psychotherapy
 interpretive therapy
 in vivo exposure therapy
 Kleinian analysis
 leaderless group therapy
 leukotomy
 light therapy
 lobectomy
 lobotomy
 logotherapy
 long-term therapy
 LSD psychotherapy
 maintenance therapy
 manual arts therapy
 manualized therapy
 marital therapy
 medical family therapy
 medical psychotherapy
 megadose pharmacotherapy
 megavitamin therapy
 metaphor therapy
 methadone maintenance therapy
 Metrazol shock treatment
 milieu therapy
 Milligan annihilation method
 monotherapy
 moral therapy
 Morita therapy
 motivational enhancement therapy
 movement therapy
 multicultural therapy
 multimodal therapy (MMT)
 multiple family therapy
 multiple-impact therapy
 multiple marital therapy
 multiple monitored electroconvulsive treatment
 (MMECT)
 music therapy
 naikan
 narcotherapy
 narrative psychotherapy
 network therapy
 nondirective play therapy
 nondirective therapy
 objective psychotherapy
 operant conditioning therapy
 organic therapies
 panic control treatment
 paraverbal therapy
 parent effectiveness training (PET)
 parent management training
 pastoral counseling
 personal construct therapy
 persuasion therapy
 phenomenological therapy
 phototherapy
 play-group psychotherapy
 play therapy
 poetry therapy
 polypharmacy
 process experiential psychotherapy
 projective play
 projective psychotherapy
 psychedelic therapy
 psychoanalysis
 psychoanalytic group psychotherapy
 psychoanalytic play technique
 psychoanalytic psychotherapy
 psychodynamic group psychotherapy
 psychodynamic psychotherapy
 psychopharmacotherapy
 psychosocial therapy
 psychosurgery
 psychotherapy by reciprocal inhibition
 puppetry therapy
 quadrangular therapy
 radical therapy
 rational emotive behavior therapy (REBT)
 reality therapy
 reconditioning therapy
 reconstructive psychotherapy
 recreational therapy
 reeducation
 regressive electroshock therapy
 reinforcement therapy
 relationship therapy

Psychotherapy and Psychotherapeutic Approach Entries

release therapy
reminiscence therapy
reparative therapy
response prevention
restoration therapy
role-divided psychotherapy
role therapy
scheduled awakening
sector therapy
self-control therapy
self-instructional training
self-management
semantic therapy
sensate focus
sex therapy
shock therapy
short-term psychodynamic psychotherapy
single-session therapy (SST)
social-network therapy
social skills training (SST)
social therapy
sociotherapy
solution-focused brief therapy
somatic therapy
spontaneity training
strategic family therapy
stress-inoculation training (SIT)
structural family therapy
structural therapy
structured interactional group psychotherapy
structured learning
suggestion therapy
supportive-expressive psychotherapy
supportive psychotherapy
suppressive therapy
surface therapy
systematic desensitization
systematic rational restructuring
tandem therapy
time-extended therapy
time-limited day treatment
time-limited psychotherapy (TLP)
topectomy
tractotomy
transactional psychotherapy
transcendence therapy
transcultural psychotherapy
transorbital lobotomy
trial therapy
ultrasonic irradiation
verbal behavior therapy
virtual reality therapy
vitamin and mineral therapy
will therapy
work therapy
Zen therapy