

**From:** Joyce Rowlands [<mailto:J.Rowlands@crpo.ca>]  
**Sent:** June-27-14 6:13 PM  
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**Subject:** FW: Bill 171- Psychotherapy Takeover  
**Importance:** High

ATTENTION: Alice Creighton, Vice-President, Canadian Reiki Association of Canada

Hello Ms. Creighton,

Please accept my apology for this late response to your email of inquiry. As it happens, we do not have a Director of Registration at this time, so your email was neglected for a time.

In answer to your question, the PDF attachment you forwarded contains a great deal of incorrect and misleading information.

The *Psychotherapy Act* was passed by the Ontario Legislature in 2007 with all-party support, following extensive research and consultation by the Health Professions Regulatory Advisory Council (HPRAC). HPRAC provides advice to the Minister of Health and Long-Term Care and, in this case, advised that psychotherapists in Ontario should be regulated under the *Regulated Health Professions Act (RHPA)*.

The transitional Council has been in place for 4½ years, developing registration requirements, regulations and practice standards for future members of the College; also determining who should be registered using the two protected titles, Registered Psychotherapist (RP) and Registered Mental Health Therapist (RMHT). The latter is on hold until such time as a future Council may wish to re-open the question of who should be registered in that category.

When the new College is fully established, anyone who wishes to:

- use the title Registered Psychotherapist (RP) or Psychotherapist, and any abbreviation of those titles;
- hold him/herself out as qualified to practise psychotherapy; or
- engage in the controlled act of psychotherapy

...will be required to be registered with the new College or one of the other colleges whose members are authorized to perform the controlled act of psychotherapy (MDs, nurses, OTs, psychologists and social workers). The controlled act is defined as follows:

In the course of engaging in the practice of psychotherapy, a member is authorized, subject to the terms, conditions and limitations imposed on his or her certificate of registration, to treat, by means of psychotherapy technique delivered through a therapeutic relationship, an individual's serious disorder of thought, cognition, mood, emotional regulation, perception or memory that may seriously impair the individual's judgement, insight, behaviour, communication or social functioning. 2007, c. 10, Sched. R, s. 4.

In other words, only regulated professionals will be able to: treat using psychotherapy technique delivered through a therapeutic relationship, an individual's serious disorder... that may seriously impair [their]...functioning.

In so far as any treatment method may be considered a psychotherapy technique, that activity would be restricted if/when used to treat an individual's serious disorder that may seriously impair...etc. Please note that the controlled act of psychotherapy is defined in terms of the seriousness of the *condition of the person being treated*, not in terms of the particular technique used to treat the person.

Unregulated people will be able to provide services, as long as they do not engage in the controlled act, i.e. treat individuals with serious disorders...; do not use any restricted title or abbreviation; and do not hold themselves out as qualified to practice psychotherapy.

The College will not be defining the meaning of "serious disorder" or "seriously impair". We have been advised by legal counsel that it is not appropriate for us to define the meaning of legislation; eventually, this may be a matter before the courts. All of our members will be authorized to do the controlled act; only unregulated people will be prohibited from doing it. The latter will need to be sure they are not in breach of the legislation. We will not be regulating particular treatment techniques; rather we will be regulating members of the College. We will also have the power to take action against unregulated people who use a restricted title or abbreviation, hold themselves out as qualified to practice psychotherapy or engage in the controlled act, i.e. treat individuals who have serious disorders.

Limited forms of counselling, e.g. providing advice, instruction, information, support, referral, etc., are not regulated, and are specifically exempted under the *Regulated Health Professions Act (RHPA)*, as is spiritual counselling. Some spiritual counsellors with extensive additional training in psychotherapy (sometimes known as "spiritual care therapists") will seek registration with the College, and will be registered if they meet registration requirements – the same as any other applicant.

Incidentally, registration does not require a master's degree per se, but rather completion of:

- a coherent program in psychotherapy offered at the master's level a masters'
- a master's program central to the practice of psychotherapy, or
- an equivalent program.

The transitional Council has developed a process for Reviewing and Recognizing education & training programs; detailed information is posted on our website. To date, one program has been recognized as preparing students with required entry-to-practice competencies; it is an independent program outside the college and university system (Gestalt Five-Year Program). Other programs are currently under review, or in the process of completing applications for review.

I hope this information is helpful. Much more information is available on our website regarding who the College will be registering, and about registration requirements.

Kind regards,



Joyce Rowlands, Registrar

Transitional Council  
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**Our Mission:** To develop standards and procedures to regulate psychotherapists in the public interest, striving to ensure competent and ethical practice within a professional accountability framework.

**Our Vision:** Leadership in professional self-regulation, dedicated to the principles of excellence, fairness, openness, responsiveness and respect for diversity.

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**From:** Alice Creighton [<mailto:aliceprokipczuk@shaw.ca>]  
**Sent:** Wednesday, June 11, 2014 2:59 PM  
**To:** Info  
**Cc:** [bonnie@reiki.ca](mailto:bonnie@reiki.ca)  
**Subject:** Bill 171- Psychotherapy Takeover  
**Importance:** High



CANADIAN  
REIKI  
ASSOCIATION

Attention to the Director of Registration:

I am Vice-President of the Canadian Reiki Association, Alice Creighton.

I spoke with Monica from your office on May 23 2014 and she suggested that I send the attached for your comments and review.

Is what the author of this PDF file correct in what they are stating?

We thank you in advance and appreciate clarification.

We cannot find any reference under the Federal or Provincial Gov't regarding this issue. Please direct us to the gov't website regarding this issue.

Please reply directly to me [Alice@reiki.ca](mailto:Alice@reiki.ca)

Sincerely,  
Alice Creighton

Vice-President of the  
Canadian Reiki Association of Canada

Website: [reiki.ca](http://reiki.ca)

Cc/ Bonnie Smith,  
President of the  
Canadian Reiki Association of Canada